



# ST EDWARD'S CATHOLIC PARISH

## [Mary Help of Christians Church]



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Free Parish App **myFaith** (available in Apple Store or Google Play)

Rev. Fr Paul Aguilar, PP | Mrs. Liz Hearne, *parish secretary* | Rev. Paul Manvell, *deacon*

1<sup>ST</sup> SUNDAY OF LENT (B)

21 FEBRUARY 2021

# LENT

## Pray + Fast + Give

### Entrance Antiphon | Cf. Ps 90.15-16

When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.

### First Reading | Genesis 9.8-15

*After the purification brought about by the Flood,  
God is ready to make a fresh start  
with the few survivors.*

*The covenant He intends to establish with Noah  
and his relatives is a sign of His enduring  
merciful love for all human beings.*

### A reading from the Book of Genesis

God spoke to Noah and his sons, ‘See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.’

God said, ‘Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the

bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.’

The Word of the Lord. *Thanks be to God.*

### Responsorial Psalm | Psalm 24(25).4-6,7b-9

*Response: Your ways, O Lord, are love and truth  
to those who keep your covenant.*

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me:  
for you are God my saviour.

Remember your mercy, Lord,  
and the love you have shown from of old.  
In your love remember me,  
because of your goodness, O Lord.

The Lord is good and upright.

He shows the path to those who stray,  
He guides the humble in the right path,  
He teaches his way to the poor.

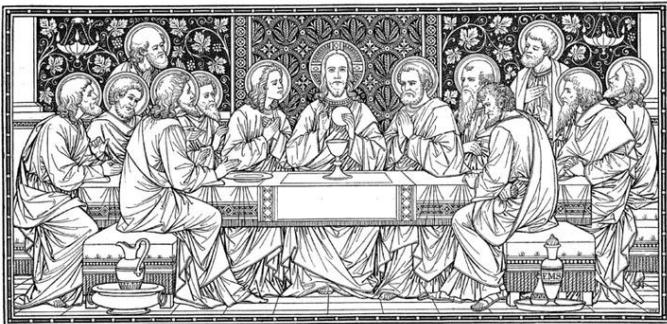
### Second Reading | 1 Peter 3.18-22

*Jesus Christ has saved all human beings through his passion, death and resurrection. His salvation reaches us through the sacrament of Baptism, which was foreshadowed by the purifying waters of the Flood. Such is the message addressed to us through the passage we are about to hear proclaimed.*

### A reading from the First Letter of Peter

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of turn to page 4

## PARTS OF THE MASS



### Penitential Rite

V. Have mercy on us, O Lord.  
R. For we have sinned against you.  
V. Show us, O Lord, your mercy.  
R. And grant us your salvation.

### Credo | The Apostles' Creed

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,

*At the words that follow, up to and including  
'the Virgin Mary', all bow.*

who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand  
of God the Father almighty;  
from there he will come to judge  
the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

### Orate fratres

Pray, brethren (brothers and sisters),  
that my sacrifice and yours...

*The people will stand and reply:*

May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good and the good of all his holy Church.

### Mysterium fidei

We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.

### Libera nos

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days...

*The people conclude the prayer, acclaiming:*

For the kingdom, the power  
and the glory are yours now and for ever.

### Agnus Dei

Lamb of God, you take away the sins of the world,  
have mercy on us.

Lamb of God, you take away the sins of the world,  
have mercy on us.

Lamb of God, you take away the sins of the world,  
grant us peace.

*After the Lamb of God, the people kneel.*

### Ecce Agnus Dei

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

*And together with the people, the priest adds:*

Lord, I am not worthy  
that you should enter under my roof,  
but only say the word and my soul shall be healed.

### Prayer for the Year of St Joseph



*Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.*

*Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.  
Obtain for us grace,  
mercy and courage,  
and defend us from every evil.  
Amen.*

### TV / ONLINE MASS

**TV Mass - Channel 10, every Sunday 06.00am**  
**St Mary's Cathedral (Sydney) | Sunday 10.30am**  
<https://www.stmaryscathedral.org.au/>

### Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.



## YEAR OF SAINT JOSEPH

08 December 2020 to 08 December 2021  
150th Anniversary of the Proclamation of  
Saint Joseph as Patron of the Universal Church



## NEWS / ANNOUNCEMENTS

### Special Collection

Thank you for your generous donation to the annual Missionary Religious Special Collection:

|                             |                   |
|-----------------------------|-------------------|
| Donations received          | \$ 1058.70        |
| Parish contribution         | <u>194.30</u>     |
| Money forwarded to Armidale | <b>\$ 1253.00</b> |

### English Lessons

English lessons have recommenced and we are calling out for anyone who may be able to assist as a "teacher". No formal qualifications are required. If you have time to help come along to English Lessons, held in the Church Hall every Sunday at 10am. For more information contact the parish office.

### Sacramental Preparation | 1st Confession

Open to all Catholic students from Year 2 and up. For students other than St Edward's School please contact Deacon Paul Manvell at 02 6762 0569.

### Invitation | World Day of Prayer 2021

Our Parish is hosting World Day of Prayer 2021 on Friday 5th March at 10.00am. Organised by the Australian Church Women Inc., World Day of Prayer is a combined church service. This year's country of focus is Vanuatu with the theme: "Build on A Strong Foundation." All are invited to come and pray with our brothers and sisters from other churches. There will be morning tea following the service.

### Save the Date | Men's Gathering

St Nicholas' Parish is hosting a men's Event on Saturday morning, 20 March 2021. The Programme will be led by several outstanding presenters from the 2020 Gathering. This is open to all men of the Diocese. For more information please contact: Patrick Mahony 0427 851 651 or Bruce Stewart 0419 011 096.

## LENTEN SEASON

### Stations of the Cross

Every Friday 9.00am (except 05/03 - World Day of Prayer)

### Parish Lenten Reconciliation

St Edward's Parish South Tamworth Wednesday 24/03 12.00noon

St Nicholas' Parish East Tamworth Wednesday 31/03 06.00pm

### Lent 2021 with Bruce Downes

Be inspired, Be refreshed, Be renewed! Come on a 40 day journey with me and I know this will be a powerful and prayerful Lenten journey together. Receive a short inspiring video each day during Lent. This program is FREE and you can sign up here: <https://BruceDownes.org/Lent> Call 1300 734 880 for more info.

### LENTEN PENANCE

During Lent and on the Fridays of the year, we do penance, not only on our own account, but also in the name of the Church and of the world. We must take seriously our penitential obligations and be sure to carry them out. The Australian Catholic Bishops' Conference has not restricted our penance to fast and abstinence in all cases, it has left room for our own responsible choices. We should carefully select the form of penance that we consider most appropriate for our own circumstances and growth in the Christian life.

1. Abstinence from meat, and fasting, are to be observed on Ash Wednesday and Good Friday. All who have completed their 18th year and have not yet begun their 60th year are bound to fast. All who have completed their 14th year are bound to abstain.

2. On all other Fridays of the year including the Fridays of Lent, the law of the common practice of penance is fulfilled by performing any one of the following:

(a) prayer – for example, Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the Rosary.

(b) self-denial – for example, not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country.

(c) helping others – for example, special attention to someone who is poor, sick, elderly, lonely or overburdened.

*In your charity,  
please pray for*

### Our sick

Fr John Willis  
Chris Fardy  
Petrina (Fardy) Keys  
Baby Isabelle Matthe  
Addison Peachy  
Narelle Albans  
Julien Ryan  
Patricia Owen

### Our Deceased

+ Bishop Luc Matthys, DD  
+ Fidelma Kennedy

### Mass Intentions

+ Sr Marica Dawson, RSJ

### Roman Martyrology

22/2 The Chair of St Peter the apostle  
23/2 St Polycarp, *bishop & martyr*  
24/2 St Mattias, *apostle*  
25/2 St Tharasius, *bishop*  
26/2 St Alexander, *bishop*  
27/2 St Julian, *martyr*

*Omnes sancti Mártires,  
oráte pro nobis*

### MASS THIS WEEK

22-28 February

|                     |                  |
|---------------------|------------------|
| Monday              | 07.00am          |
| Tuesday             | 11.30am          |
| Wednesday to Friday | 09.30am          |
| Saturday            | 05.30pm          |
| Sunday              | 8am, 9am, 5.30pm |

### BAPTISM

*by appointment*

### ANOINTING OF THE SICK

*by appointment*

### CONFESIONS

Saturday & Sunday 04.45 - 05.15pm

### Weekly Collection

07 February 2021

|                            |           |
|----------------------------|-----------|
| 1 <sup>st</sup> Collection | \$ 532.15 |
| Envelopes PG               | \$ 722.00 |
| Loose                      | \$ 49.20  |

### Home Visitation

If there is a parishioner in hospital, nursing home, or homebound who you know would appreciate a visit from our priest or deacon please contact the Parish Office.

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eight people ‘by water’, and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God’s right hand, now that he has made the angels and Dominations and Powers his subjects.

The Word of the Lord. *Thanks be to God.*

### Gospel Acclamation | Matthew 4.4

Praise to you, Lord Jesus Christ, king of endless glory!  
No one lives on bread alone,  
but on every word that comes from the mouth of God.  
Praise to you, Lord Jesus Christ, king of endless glory!

### Gospel | Mark 1.12-15

*In a few clear strokes, St. Mark portrays  
the first two steps taken by Jesus in his public life:  
victory over Satan in the desert  
and the invitation to conversion addressed to all.*

A reading from the holy Gospel according to Mark

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. ‘The time has come’ he said ‘and the kingdom of God is close at hand. Repent, and believe the Good News.’

The Gospel of the Lord.

*Praise to you, Lord Jesus Christ.*

### Communion Antiphon | Mt 4.4

One does not live by bread alone,  
but by every word  
that comes forth from the mouth of God.



## LITURGICAL NOTES

### The Kiss of Peace

#### Question:

Is the sign/kiss of peace an optional part of the Mass -i.e., may the priest remove it without violating any Church law?

#### Answer:

Yes, the sign of peace is optional. The General Instruction of the Roman Missal (154) states that the celebrant asks the congregation to exchange the sign of peace “when appropriate” (GIRM 154). When the GIRM describes a Mass with a deacon (181), it repeats this language by stating the deacon asks the congregation to exchange the sign of peace “if it is appropriate.” It is therefore at the discretion of the celebrant whether it is appropriate at a particular Mass to exchange the sign of peace.

## CORONA VIRUS RESPONSE

*Excerpt from Update No. 22 from the Bishop's Office  
and NSW Health*

Recently the restrictions that applied to places of worship in the Greater Sydney metropolitan area were extended to all of NSW. Therefore, it is important that we all ensure that our practices are in keeping with current NSW guidelines.

The general advice regarding religious services says:

- The number of people in a place of public worship is subject to the one person per 2 square metres rule.
- People attending a religious service will be required to provide their name and contact details when they enter so that they can be used for contact tracing. It is strongly recommended that people attending services in places of worship wear a mask.

Group singing and chanting remains a high-risk activity for transmission should someone involved be infected.

- No more than 5 performers should sing indoors, with 1.5m between performers and 5m between performers and the audience.
- In indoor areas, audience members and congregants should not participate in singing or chanting.

To minimise infection risk:

- all singers should face forwards and not towards each other
- maintain physical distancing of 1.5 metres between each other and any other performers, and keep 5 metres distancing from all other people including the audience and conductor.

*For full text of the advisory please visit:*

<https://www.nsw.gov.au/covid-19/what-you-can-and-cant-do-under-rules/regional-and-rural-nsw#weddings-funerals-and-religious-services>

<https://www.nsw.gov.au/covid-19/what-you-can-and-cant-do-under-rules/regional-and-rural-nsw#group-singing>

## WEEKLY ROSTER

2nd Sunday of Lent B | 28 February 2021

|          | Reader | EMHC         | Piety     | Counters this week        |
|----------|--------|--------------|-----------|---------------------------|
| Saturday | 5.30pm | J Milne      | B Gordon  | Volunteer                 |
| Sunday   | 8.00am | J Manalastas |           | Volunteer                 |
|          | 9.00am | A Soehlakaw  | Y Benning | O Robson                  |
|          | 5.30pm | J McKenzie   |           | V Volunteer               |
|          |        |              |           | <b>Counters next week</b> |
|          |        |              |           | R Gorman & G Crocker      |